BENEFIT COVERAGE POLICY

Title: BCP-24 Gender Reassignment Surgery

Original Effective Date: 01/01/2017

Revision Dates: 11/17

Last Approval Date: 01/10/2018 Next Revision Date: 01/10/2019



Physicians Health Plan PHP Insurance Company PHP Service Company

Important Information - Please Read Before Using This Policy

The following coverage policy applies to health benefit plans administered by PHP and may not be covered by all PHP plans. Please refer to the member's benefit document for specific coverage information. If there is a difference between this general information and the member's benefit document, the member's benefit document will be used to determine coverage. For example, a member's benefit document may contain a specific exclusion related to a topic addressed in a coverage policy.

Coverage determinations for individual requests require consideration of:

- The terms of the applicable benefit document in effect on the date of service.
- Any applicable laws and regulations.
- Any relevant collateral source materials including coverage policies.
- The specific facts of the particular situation.

Contact PHP Customer Service to discuss plan benefits more specifically.

1.0 Policy:

Health Plan covers gender reassignment surgery as medically necessary when the individual is age 18 years or older, and has a confirmed diagnosis of gender dysphoria. All procedures related to gender reassignment surgery require prior approval for coverage.

For all non-network covered services to be paid at the network benefit level except for emergency/urgent services, prior approval is required.

Gender dysphoria refers to a condition in which a person feels a strong and persistent identification with the opposite gender accompanied with a severe sense of discomfort or distress caused by a discrepancy between an individual's gender identity and the gender assigned at birth (and the associated gender role and/or primary and secondary sex characteristics). A diagnosis of gender dysphoria requires a marked difference between the individual's expressed/experienced gender and the gender others would assign him or her, and it must continue for at least six months. This condition may cause clinically significant distress or impairment in social, occupational or other important areas of functioning.

Gender reassignment surgery is not a single procedure, but part of a complex process involving multiple medical, psychiatric and surgical specialists working together with the individual to achieve successful behavioral and medical outcomes.

For male to female gender reassignment, surgical procedures may include genital reconstruction (vaginoplasty, penectomy, orchiectomy, clitoroplasty) and cosmetic surgery (breast implants, facial reshaping, rhinoplasty, abdominoplasty, thyroid chondroplasty (laryngeal shaving), voice modification surgery (vocal cord shortening), and hair transplants).

For female to male gender reassignment, surgical procedures may include mastectomy, genital reconstruction (phalloplasty, genitoplasty, hysterectomy, and bilateral oophorectomy), and cosmetic procedures to enhance male features such as pectoral implants and chest wall re-contouring.

Mental health professionals play a strong role in working with individuals with gender dysphoria as they need to diagnose the gender disorder and any co-morbid psychiatric conditions accurately, counsel the individual regarding treatment options, and provide psychotherapy (as needed) and assess eligibility and readiness for hormone and surgical therapy. Once the individual is evaluated, the mental health professional provides documentation and formal recommendations to medical and surgical specialists.

Gender reassignment surgery is intended to be a permanent change, establishing congruency between an individual's gender identity and physical appearance and is not easily reversible. Therefore, a careful and accurate diagnosis is essential for treatment and can be made only as part of a long-term diagnostic process involving a multidisciplinary specialty approach that includes an extensive case history; gynecological, endocrine and urological examination, and a clinical psychiatric/psychological examination. A patient's self-assessment and desire for sex reassignment cannot be viewed as reliable indicators of gender dysphoria.

2.0 Clinical Determination Guidelines:

- A. Male-to-female gender reassignment considered when C. 1-8 below are met:
 - 1. Orchiectomy
 - 2. Vaginoplasty (including colovaginoplasty, penectomy, labiaplasty, clitoroplasty, vulvoplasty, penile skin inversion, repair of introitus, construction of vagina with graft, coloproctostomy)
- B. Female-to-male gender reassignment:
 - 1. Breast surgery (i.e., initial mastectomy, breast reduction)
 - a. Only one letter of support from a qualified mental health professional is required
 - b. A trial of hormone therapy is not required to qualify for a mastectomy
 - 2. Hysterectomy and salpingo-oophorectomy when C. 1-8 below are met
 - 3. Vaginectomy (including colpectomy, metoidioplasty, phalloplasty, urethroplasty, urethromeatoplasty) when C. 1-8.a. below are met
- C. Gender reassignment surgery, including pre- and post- surgical hormone therapy is covered when ALL the following are met:
 - 1. Individual is age 18 years or older, AND
 - 2. Has the capacity to make a fully informed decision and to consent for treatment, AND Member has been diagnosed with persistent, well documented gender dysphoria, which includes ALL of the following:
 - a. The desire to live and be accepted as a member of the opposite sex, usually accompanied by the wish to make his or her body as congruent as possible with the preferred sex through surgery and hormone treatment; AND
 - b. The gender dysphoria has been present persistently for at least two years; AND
 - c. The condition is not a symptom of another mental disorder or a chromosomal abnormality; AND
 - d. The condition causes clinically significant distress or impairment in social, occupation, or other important areas of functioning; AND
 - 3. If significant medical or mental health concerns are present, must be reasonably well controlled, AND
 - 4. Is an active participant in a recognized gender identity treatment program; AND

- 5. The patient has undergone a minimum of 12 months of continuous hormonal therapy* (unless contraindicated) when recommended by a mental health professional and provided under the supervision of a physician; AND
- 6. The patient has completed a minimum of 12 months of successful continuous, full time real-life experience in their new gender, with no returning to their original gender, including one or more of the following:
 - a. Maintain part-or full-time employment; OR
 - b. Function as a student in an academic setting; OR
 - c. Function in a community-based volunteer activity; AND
- 7. Recommendation for gender reassignment surgery by two qualified mental health professionals with written documentation submitted to the physician performing the genital surgery.
 - a. One must be from a psychiatrist or psychologist with whom the patient has an established and ongoing professional relationship, (defined as the member having had at least 4 visits in a six- month time frame with the psychiatrist or psychologist)
 - b. Second recommendation should be from a qualified mental health professional who only performed an evaluation of the individual
 - c. Two separate letters are required, or one letter signed by both professionals. (for example, if both are practicing within the same clinic)

*NOTE: for individuals considering hysterectomy/salpingo-oophorectomy, orchiectomy, vaginectomy or vaginoplasty procedures, a total of 12 months of continuous hormonal sex reassignment therapy is required. An additional 12 months of hormone therapy is not required for vaginectomy or vaginoplasty procedures.

- D. Any surgeon who performs gender reassignment surgery must be any of the following board certified or board qualified:
 - 1. Urologist
 - 2. Gynecologist
 - 3. Plastic surgeon
 - 4. Cosmetic surgeon
 - 5. General surgeon
- E. Procedures not covered when performed prior to gender reassignment surgery:
 - 1. Preservation of fertility procedures aimed at preservation of fertility (e.g., procurement, cryopreservation, and storage of sperm, oocytes and/or embryos) performed prior to gender reassignment surgery are considered not medically necessary.
- F. Cosmetic procedures performed as part of gender reassignment surgery. These procedures are aimed at primarily improving a person's appearance, are performed to assist with improving culturally appropriate male or female appearance characteristics and therefore are considered cosmetic and not medically necessary:
 - 1. Abdominoplasty
 - 2. Blepharoplasty, brow reduction, brow lift
 - 3. Breast enlargement procedures, including augmentation mammoplasty, implants, and silicone injections of the breast
 - 4. Calf implants
 - 5. Chin augmentation (reshaping or enhancing the size of the chin)

- 6. Chin/nose/cheek/malar implants
- 7. Collagen injections
- 8. Electrolysis
- 9. Face/forehead lift
- 10. Gamete preservation in anticipation of future infertility
- 11. Gluteal and hip augmentation
- 12. Hair removal/hair transplantation
- 13. Insertion of penile prosthesis (non-inflatable/inflatable)
- 14. Insertion of testicular expanders
- 15. Jaw reduction or augmentation/facial bone reduction
- 16. Laryngoplasty
- 17. Lip reduction/enhancement
- 18. Liposuction/lipofilling
- 19. Mastopexy
- 20. Nipple/areola reconstruction
- 21. Pectoral implants
- 22. Penile prosthesis
- 23. Removal of redundant skin
- 24. Replacement of tissue expander with permanent prosthesis testicular insertion
- 25. Rhinoplasty
- 26. Scrotoplasty
- 27. Skin resurfacing (e.g., dermabrasion, chemical peels)
- 28. Testicular prosthesis
- 29. Trachea (Adam's apple) shave/reduction thyroid chondroplasty
- 30. Voice modification surgery
- 31. Voice therapy/voice lessons

3.0 Coding:

Prior Approval Legend: Y = All lines of business; N = None required; 1 = HMO/POS; 2 = PPO; 3 = ASO group L0000264; 4 = ASO group L0001269 Non-Union; 5 = ASO group L0001631; 6 = ASO group L0002011; 7 = ASO group L0001269 Union.

	COVERED CODES		
Code	Description	Prior Approval	COC Reference
55970	Intersex surgery; male to female	Y	Benefits and Coverage; Gender Reassignment Treatment
	Includes only the follow procedures:	Y	
54125	Amputation of penis; complete	Y	Benefits and Coverage; Gender Reassignment

	COVERED CODES			
Code	Description	Prior Approval	COC Reference	
			Treatment	
54520	Orchiectomy, simple (including subcapsular), with or without testicular prosthesis, scrotal or inguinal approach	Y	Benefits and Coverage; Gender Reassignment Treatment	
54690	Laparoscopy, surgical; orchiectomy	Y	Benefits and Coverage; Gender Reassignment Treatment	
56800	Plastic repair of introitus	Y	Benefits and Coverage; Gender Reassignment Treatment	
56805	Clitoroplasty for intersex state	Y	Benefits and Coverage; Gender Reassignment Treatment	
57291	Construction of artificial vagina; without graft	Y	Benefits and Coverage; Gender Reassignment Treatment	
57292	Construction of artificial vagina; with graft	Y	Benefits and Coverage; Gender Reassignment Treatment	
57335	Vaginoplasty for intersex state	Y	Benefits and Coverage; Gender Reassignment Treatment	
55980	Intersex surgery; female to male	Y	Benefits and Coverage; Gender Reassignment Treatment	
	Includes only the follow procedures:	Y		
19303	Mastectomy, simple, complete	Y	Benefits and Coverage; Gender Reassignment Treatment	
19304	Mastectomy, subcutaneous	Y	Benefits and Coverage; Gender Reassignment Treatment	
53430	Urethroplasty, reconstruction of female urethra	Υ	Benefits and Coverage; Gender Reassignment Treatment	
56625	Vulvectomy simple; complete	Υ	Benefits and Coverage; Gender Reassignment Treatment	
57110	Vaginectomy, complete removal of vaginal wall	Υ	Benefits and Coverage; Gender Reassignment Treatment	
58150	Total abdominal hysterectomy (corpus and cervix), with or without removal of tube(s),	Y	Benefits and Coverage; Gender Reassignment	

	COVERED CODES			
Code	Description	Prior Approval	COC Reference	
	with or without removal of ovary(s);		Treatment	
58262	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or ovary(s)	Y	Benefits and Coverage; Gender Reassignment Treatment	
58291	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y	Benefits and Coverage; Gender Reassignment Treatment	
58552	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y	Benefits and Coverage; Gender Reassignment Treatment	
58554	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y	Benefits and Coverage; Gender Reassignment Treatment	
58571	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with removal of tube(s) and/or ovary(s)	Y	Benefits and Coverage; Gender Reassignment Treatment	
58573	Laparoscopy, surgical, with total hysterectomy, fur uterus greater than 250 g; with removal of tube(s) and/or ovary(s)	Y	Benefits and Coverage; Gender Reassignment Treatment	
58661	Laparoscopy, surgical; with removal of adnexal structure (partial or total oophorectomy and/or salpingectomy)	Y	Benefits and Coverage; Gender Reassignment Treatment	
58999 °	Unlisted procedure, female genital system (non-obstetrical)	Y	Benefits and Coverage; Gender Reassignment Treatment	

Covered when medically necessary to report metoidioplasty with phalloplasty

ı	NON-COVERED CODES: Generally Excluded/Not Medically Necessary		
Code	Description	COC Reference	
89258	Cryopreservation; embryo(s)	Defined Terms; Covered Health Services, Medically Necessary	
89259	Cryopreservation; sperm	Defined Terms; Covered Health Services, Medically Necessary	
89337	Cryopreservation, mature oocyte(s)	Defined Terms; Covered Health Services, Medically Necessary	
89342	Storage (per year); embryo(s)	Defined Terms; Covered Health Services, Medically Necessary	
89343	Storage (per year); sperm/semen	Defined Terms; Covered Health Services, Medically	

N	NON-COVERED CODES: Generally Excluded/Not Medically Necessary		
Code	Description COC Reference		
		Necessary	
89346	Storage (per year); oocyte(s)	Defined Terms; Covered Health Services, Medically Necessary	
0357T	Cryopreservation; immature oocyte(s)	Defined Terms; Covered Health Services, Medically Necessary	
S4027	Storage of previously frozen embryos	Defined Terms; Covered Health Services, Medically Necessary	
S4030	Sperm procurement and cryopreservation services; initial visit	Defined Terms; Covered Health Services, Medically Necessary	
S4031	Sperm procurement and cryopreservation services; subsequent visit	Defined Terms; Covered Health Services, Medically Necessary	
S4040	Monitoring and storage of cryopreserved embryos, per 30 days	Defined Terms; Covered Health Services, Medically Necessary	

	NON-COVERED CODES: Experimental/Investigational/Unproven		
Code	Description	COC Reference	
89335	Cryopreservation, reproductive tissue, testicular	What's Not Covered; Experimental, Investigational or Unproven Services	
89344	Storage (per year); reproductive tissue, testicular/ovarian	What's Not Covered; Experimental, Investigational or Unproven Services	
89354	Thawing of cryopreserved; reproductive tissue, testicular/ovarian	What's Not Covered; Experimental, Investigational or Unproven Services	
0058T	Cryopreservation; reproductive tissue, ovarian	What's Not Covered; Experimental, Investigational or Unproven Services	

	NON-COVERED CODES: Cosmetic when performed as a component of gender reassignment surgery, even when coverage for gender reassignment surgery is approved		
Code	Description	COC Reference	
11950	Subcutaneous injection of filling material (e.g., collagen); 1 cc or less	What's Not Covered; Physical Appearance	
11951	Subcutaneous injection of filling material (e.g., collagen);	What's Not Covered; Physical	

Code	Description	COC Reference
	1.1 to 5.0 cc	Appearance
11952	Subcutaneous injection of filling material (e.g., collagen); 5.1 to 10.0 cc	What's Not Covered; Physical Appearance
11954	Subcutaneous injection of filling material (e.g., collagen); over 10.0 cc	What's Not Covered; Physical Appearance
11960	Insertion of tissue expander(s) for other than breast, including subsequent expansion	What's Not Covered; Physical Appearance
11970	Replacement of tissue expander with permanent prosthesis	What's Not Covered; Physical Appearance
11971	Removal of tissue expander(s) without insertion of prosthesis	What's Not Covered; Physical Appearance
15775	Punch graft for hair transplant; 1 to 15 punch grafts	What's Not Covered; Physical Appearance
15776	Punch graft for hair transplant; more than 15 punch grafts	What's Not Covered; Physical Appearance
15780	Dermabrasion; total face (e.g., for acne scarring, fine wrinkling, rhytids, general keratosis)	What's Not Covered; Physical Appearance
15781	Dermabrasion; segmental, face	What's Not Covered; Physical Appearance
15782	Dermabrasion; regional, other than face	What's Not Covered; Physical Appearance
15783	Dermabrasion; superficial, any site (e.g., tattoo removal)	What's Not Covered; Physical Appearance
15786	Abrasion; single lesion (e.g., keratosis, scar)	What's Not Covered; Physical Appearance
15787	Abrasion; each additional 4 lesions or less (List separately in addition to code for primary procedure)	What's Not Covered; Physical Appearance
15788	Chemical peel, facial; epidermal	What's Not Covered; Physical Appearance
15789	Chemical peel, facial; dermal	What's Not Covered; Physical Appearance
15792	Chemical peel, nonfacial; epidermal	What's Not Covered; Physical Appearance
15793	Chemical peel, nonfacial; dermal	What's Not Covered; Physical Appearance
15820	Blepharoplasty, lower eyelid	What's Not Covered; Physical Appearance
15821	Blepharoplasty, lower eyelid with extensive herniated fat pad	What's Not Covered; Physical Appearance
15822	Blepharoplasty, upper eyelid	What's Not Covered; Physical

Code	Description	COC Reference
		Appearance
15823	Blepharoplasty, upper eyelid; with excessive skin weighting down lid	What's Not Covered; Physical Appearance
15824	Rhytidectomy, forehead	What's Not Covered; Physical Appearance
15825	Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)	What's Not Covered; Physical Appearance
15826	Rhytidectomy; glabellar frown lines	What's Not Covered; Physical Appearance
15828	Rhytidectomy; cheek, chin, and neck	What's Not Covered; Physical Appearance
15829	Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap	What's Not Covered; Physical Appearance
15830	Excision, excessive skin and subcutaneous tissue (includes lipectomy); abdomen, infraumbilical panniculectomy	What's Not Covered; Physical Appearance
15832	Excision, excessive skin and subcutaneous tissue (includes lipectomy); thigh	What's Not Covered; Physical Appearance
15833	Excision, excessive skin and subcutaneous tissue (includes lipectomy); leg	What's Not Covered; Physical Appearance
15834	Excision, excessive skin and subcutaneous tissue (includes lipectomy); hip	What's Not Covered; Physical Appearance
15835	Excision, excessive skin and subcutaneous tissue (includes lipectomy); buttock	What's Not Covered; Physical Appearance
15836	Excision, excessive skin and subcutaneous tissue (includes lipectomy); arm	What's Not Covered; Physical Appearance
15837	Excision, excessive skin and subcutaneous tissue (includes lipectomy); forearm or hand	What's Not Covered; Physical Appearance
15838	Excision, excessive skin and subcutaneous tissue (includes lipectomy); submental fat pad	What's Not Covered; Physical Appearance
15839	Excision, excessive skin and subcutaneous tissue (includes lipectomy); other area	What's Not Covered; Physical Appearance
15847	Excision, excessive skin and subcutaneous tissue (includes lipectomy); abdomen (eg, abdominoplasty) (includes umbilical transposition and fascial plication) (List separately in addition to code for primary procedure)	What's Not Covered; Physical Appearance
15876	Suction assisted lipectomy; head and neck	What's Not Covered; Physical Appearance
15877	Suction assisted lipectomy; trunk	What's Not Covered; Physical Appearance
15878	Suction assisted lipectomy; upper extremity	What's Not Covered; Physical

Code	Description	COC Reference
		Appearance
15879	Suction assisted lipectomy; lower extremity	What's Not Covered; Physical Appearance
17380	Electrolysis epilation, each 30 minutes	What's Not Covered; Physical Appearance
17999	Unlisted procedure, skin, mucous membrane and subcutaneous tissue (Used to report calf, cheek, malar or pectoral implants or fat transfers in conjunction with gender reassignment surgery)	What's Not Covered; Physical Appearance
19316	Mastopexy	What's Not Covered; Physical Appearance
19324	Mammoplasty, augmentation; without prosthetic implant	What's Not Covered; Physical Appearance
19325	Mammoplasty, augmentation; with prosthetic implant	What's Not Covered; Physical Appearance
19340	Immediate insertion of breast prosthesis following mastopexy, mastectomy or in reconstruction	What's Not Covered; Physical Appearance
19342	Delayed insertion of breast prosthesis following mastopexy	What's Not Covered; Physical Appearance
19350	Nipple/areola reconstruction	What's Not Covered; Physical Appearance
21120	Genioplasty; augmentation (autograft, allograft, prosthetic material)	What's Not Covered; Physical Appearance
21121	Genioplasty; sliding osteotomy, single piece	What's Not Covered; Physical Appearance
21122	Genioplasty; sliding osteotomies, 2 or more osteotomies (eg, wedge excision or bone wedge reversal for asymmetrical chin)	What's Not Covered; Physical Appearance
21123	Genioplasty; sliding, augmentation with interpositional bone grafts (includes obtaining autografts)	What's Not Covered; Physical Appearance
21125	Augmentation, mandibular body or angle; prosthetic material	What's Not Covered; Physical Appearance
21127	Augmentation, mandibular body or angle; with bone graft, onlay or interpositional (includes obtaining autograft)	What's Not Covered; Physical Appearance
21137	Reduction forehead; contouring only	What's Not Covered; Physical Appearance
21210	Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)	What's Not Covered; Physical Appearance
21270	Malar augmentation, prosthetic material	What's Not Covered; Physical Appearance
30400	Rhinoplasty, primary; lateral and alar cartilages and/or	What's Not Covered; Physical

Code	Description	COC Reference
	elevation of nasal tip	Appearance
30410	Rhinoplasty, primary; complete, external parts including bony pyramid, lateral and alar cartilages, and/or elevation of nasal tip	What's Not Covered; Physical Appearance
30420	Rhinoplasty, primary; including major septal repair	What's Not Covered; Physical Appearance
30430	Rhinoplasty, secondary; minor revision (small amount of nasal tip work)	What's Not Covered; Physical Appearance
30435	Rhinoplasty, secondary; intermediate revision (bony work with osteotomies)	What's Not Covered; Physical Appearance
30450	Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)	What's Not Covered; Physical Appearance
31599	Unlisted procedure, larynx (used to report laryngoplasty performed in conjunction with gender reassignment surgery)	What's Not Covered; Physical Appearance
40799	Unlisted procedure, lips (used to report lip reduction/enhancement performed in conjunction with gender reassignment surgery)	What's Not Covered; Physical Appearance
54400	Insertion of penile prosthesis; non-inflatable (semi-rigid)	What's Not Covered; Physical Appearance
54401	Insertion of penile prosthesis; inflatable (self-contained)	What's Not Covered; Physical Appearance
54405	Insertion of multi-component, inflatable penile prosthesis, including placement of pump, cylinders, and reservoir	What's Not Covered; Physical Appearance
54660	Insertion of testicular prosthesis (separate procedure)	What's Not Covered; Physical Appearance
55175	Scrotoplasty; simple	What's Not Covered; Physical Appearance
55180	Scrotoplasty; complicated	What's Not Covered; Physical Appearance
92507	Treatment of speech, language, voice, communication, and/or auditory processing disorder; individual	What's Not Covered; Physical Appearance

ICD-10 DIAGNOSIS CODES		
Code	Description	
F64.1	Gender identity disorder in adolescence and adulthood	
F64.2	Gender identity disorder in childhood	
F64.8	Other gender identity disorders	
F64.9	Gender identity disorder, unspecified	
Z87.890	Personal history of sex reassignment	

4.0 Unique Configuration/Prior Approval/Coverage Details:

All plans are federally mandated to cover gender reassignment treatment and are adopting the benefit on renewal throughout 2017.

5.0 Terms & Definitions:

Female-to- Male Reassignment	Gender reassignment surgery from female to male (FTM) transsexual people includes genital surgical procedures that reshape a female body into the appearance of a male body.
	Breast or chest surgery, which may include subcutaneous mastectomy and/or creation of a male chest, may also be performed. Other non-genital non-breast related surgeries include but are not limited to liposuction, lipoprofiling, pectoral implants and other masculinizing procedures.
	An individual who is genetically female but whose gender identity is male, and who assumes a male gender presentation and role is known as a transman.
Male-to- Female Reassignment	Gender reassignment surgery from male-to-female (MTF) transsexuals includes genital procedures that shape a male body into the appearance of and, to the maximum extent possible, the function of a female body.
	Breast augmentation may be considered when 12 months of hormone treatment fails to result in breast enlargement that is sufficient for the individual's comfort in the female gender role. Breast surgery, which includes augmentation mammoplasty (implants/lipofilling), is a surgical procedure that may also be performed. In addition, other non-genital, non-breast related surgeries, often considered feminization procedures, may be performed.
	An individual who is genetically male but whose gender identity is female, and who assumes a female gender presentation and role is known as a transwoman.
Preservation of Fertility	Procedures aimed at preservation of fertility (e.g., procurement, cryopreservation, and storage of sperm, oocytes and/or embryos) performed prior to gender reassignment surgery are considered not medically necessary.
Qualified Mental Health Professional	At least one of the professionals submitting a letter must have a doctoral degree (e.g., Ph.D., M.D., Ed.D., D.SC., D.S.W., or Psy.D) or a master's level degree in a clinical behavior science field (e.g., M.S.W., L.C.S.W., Nurse Practitioner [N.P], Advanced Practice Nurse [A.P.R.N.], Licensed Professional Councilor [L.P.C.], and Marriage and Family Therapist [M.F.T]) and be capable of adequately evaluating co-morbid psychiatric conditions.
World Professional Association for Transgender Health [WPATH]	A professional organization devoted to the understanding and treatment of gender identity disorders. Promotes standards of health care for individuals through the articular of "Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Seventh Version" (WPATH, 2013). This document is widely accepted as the definitive document in the area of gender dysphoria treatment. The WPATH criteria have been adopted in several countries as the standard of care for the treatment of gender dysphoria, including hormone therapy and sex reassignment surgery.

6.0 References, Citations & Resources:

- 1. Aetna, Gender Reassignment Surgery, Medical Clinical Policy Number: 0615, 08/. Available at: http://www.aetna.com/cpb/medical/data/600_699/0615.html.
- 2. Cigna Medical Coverage Policy, Treatment of Gender Dysphoria, Coverage Policy Number 0266,03/15/2017. Available at:

- https://cignaforhcp.cigna.com/public/content/pdf/coveragePolicies/medical/mm_0266coveragepositioncriteria gender reassignment surgery.pdf.
- 3. Fenway Health Transgender Health Program (THP), The Medical Care of Transgender Persons, Fall 2015. Available at: http://www.lgbthealtheducation.org/publication/transgender-sod/.
- 4. Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People, Seventh Version, World Professional Association for Transgender Health (WPATH), 2013.

7.0 Associated Documents [For internal use only]:

Business Process Flow (BPF) -None.

Standard Operating Procedure (SOP) - MM-03 Benefit Determinations; MM-25 Transition/Continuity of Care; MM-55 Peer-to-Peer Conversations; MM-57 Coordination with External Entities; SOP 007 Algorithm for Use of Criteria for Benefit Determinations; SOP 016 Identification, Referral and Assignment of Members for Case Management Services.

Desk Level Procedure (DLP) - In process.

Sample Letter - TCS Approval Letter; Clinically Reviewed Exclusion Letter; Partial Coverage, Partial Non-Coverage Letter; Specific Exclusion Denial Letter.

Form - Request Form: Out of Network/Prior Authorization.

Other - None.

8.0 Revision History

Revision Date	Reason for Revision
December 2016	Policy created
February 2017	Converted from Medical Policy 037 to Benefit Coverage policy (BCP) 24
November 2017	Annual review, references and websites updated